



Job Description: Emotional Health Practitioner

Post Title: Senior Children Young People Emotional Health Practitioner – part-time- 2 days a week

Salary: £27,000 pro rata per annum, term-time plus (4 training development days outside of term)

Reporting to: Project manager

Introduction:

We are looking for an experienced, committed and motivated person to join our team to work with young people to support them to improve their emotional health. We do this through individual and group work and support them to access the support they need. Ideally we are looking for someone with a background in working with young people and previous mental health roles who can empower the young people we work with.

Achieve Change and Engagement (A.C.E.) is trauma informed a charity that works with young people to support them to improve their emotional health and wellbeing and build resilience. It does this by offering individual and sometimes group work interventions. Group work enables the young people to develop and improve emotional, interpersonal and intrapersonal skills, which help to build confidence and resilience. Individual work uses a variety of person-centred, solution focused, goal based methods, encouraging and supporting the young people to change and improve their emotional health. The charity also supports groups of young people to have their voice heard and influence health provision and education.

Job Purpose:

The post holder will work with young people to deliver person centred outcome focused evidence-based therapeutic interventions for children and young people experiencing mild to moderate mental health difficulties to support them to improve their emotional health and build resilience and confidence. This will include individual and group work, drawing on the expertise to engage and develop young people.

The post holder will also engage young people in decision making about mental health services and education.

Main duties and responsibilities:

- 1.1. Assess and deliver, outcome focused, evidence-based interventions to children and young people experiencing emotional/mental health difficulties including individual and group face to face work and telephone and text out of hour's access.
- 1.2. Working in partnership (where appropriate), support children, young people experiencing mental health difficulties and their families in the self-management of presenting difficulties.
- 1.3. Work in partnership with children, young people and families (where appropriate) in the development of the intervention and agreed outcomes.



- 1.4. Support and empower children, young people and families (where appropriate) to make informed choices about the intervention.
- 1.5. Work in a participative manner to empower young people.
- 1.6. Undertakes accurate assessment of risk to self and others and be responsible for the safety of the young person.
- 1.7. Through close case management and supervision, escalate cases where the level of need becomes beyond scope, or more severe to other services.
- 1.8. To be aware of and adhere to policies and procedures, especially safeguarding, health and safety, equality and diversity and GDPR/data protection.
- 1.9. Attend multi-disciplinary meetings relating to referrals or CYP in treatment, where appropriate.
- 1.10. Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.
- 1.11. Complete and return monthly monitoring, complete and return quarterly reports.
- 1.12. Work in collaboration with children, young people and communities to enhance and widen access.

2. TRAINING AND SUPERVISION

- 2.1 Attend and fulfil all the required training and identified personal development training.
- 2.2 Attend supervision and clinical case supervision.
- 2.3 Attend team meetings.

Achieve, Change and Engagement is committed to equal opportunities.

This post is subject to an enhanced disclosure check via DBS.

Ability to drive and access to own transport as this role is desirable as the role maybe based in different schools and locations.

If interested please send in CV and covering letter to admin@a-c-e.org.uk

Deadline: 7th August, 9 am.

Interview: Friday 11th August

Position start- Ideally September 2023