

**Job Description** Emotional Health Practitioner/Family worker

**Post Title:** CYP Emotional Health Practitioner/ Family worker Part – time 1.5 days per week

**Salary:** £24,705 pro rata per annum

**Reporting to:** Project Director/ Manager

**Introduction:**

**We are looking for an experienced, committed, and motivated person to join our team to work with young people, to support them to improve their emotional health and build resilience and to work with their family. The young person would remain the primary client but work with the family would include supporting them to improve their emotional health and resilience and learning more the ways to support their children. The post holder would also act in a consultative and training capacity with the rest of the team to build their skills in any work they do with families. The successful applicant would carry a case load of young people and their families.**

**This is a new post so open to development. We currently have a vacancy for a year. The continuation of the post will be subject to ongoing funding. The post is based in Lancaster district, especially rural areas.**

Achieve Change and Engagement (A.C.E.) is a charity that works with people, especially young people to support them to improve their emotional health and wellbeing and build resilience. It does this by offering individual and sometimes group work interventions. Group work involves the young people in deciding the programme to support them to develop and improve emotional, interpersonal, and intrapersonal skills, which help to build confidence and resilience. Individual work uses a variety of person-centred, solution focused methods to encourage people to set goals, encouraging and supporting them to change and improve their emotional health. The whole family is worked with if this is beneficial to the young person's progression. The charity also supports groups of people, especially young people to have their voice heard and influence health provision and education. We are a trauma informed service with two part-time trauma workers.

Our work is delivered in schools, from our therapy rooms in Lancaster, from community venues, online and by phone.

**Job Purpose:**

The post holder will work with young people to deliver person centred , outcome focused , evidence-based interventions for young people experiencing mild to moderate mental health difficulties, to support them and their families to improve their emotional health and build resilience.

To improve the skills of practitioners and volunteers to work with families.

**Main duties and responsibilities:**

- 1.1. Assess and deliver, outcome focused, evidence-based interventions to young people experiencing mild to moderate emotional/mental health difficulties and their families including individual face to face work, on line contact and telephone, including out of hours access.
- 1.2. Working in partnership (where appropriate), to support children and young people experiencing mild to moderate mental health difficulties and their families in the self-management of presenting difficulties.
- 1.3. Work in partnership with children, young people and families in the development of the intervention and agreed outcomes
- 1.4. Support and empower children, young people and families to make informed choices about the intervention.
- 1.5. Work in a participative manner to empower young people and their families.
- 1.6. Undertakes accurate assessment of risk to self and others. Be responsible for safeguarding all clients.
- 1.7. Through close case management and supervision, escalate cases where the level of need becomes beyond scope, or more severe, to other services.
- 1.8. To be aware of and adhere to policies and procedures, especially safeguarding, health and safety, equality and diversity and data protection
- 1.9. Attend multi-disciplinary meetings for young people or families, where appropriate.
- 1.10. Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.
- 1.11. Complete and return monthly monitoring, complete, and return quarterly reports.
- 1.12. Work in collaboration with children, young people, and communities to enhance and widen access.

**2. TRAINING AND SUPERVISION**

- 2.1 Attend and fulfil all the required training and identified personal development training.
- 2.2 Attend supervision and clinical case supervision.
- 2.3 Attend team meetings.

**Achieve, Change and Engagement is committed to equal opportunities.  
This post is subject to an enhanced disclosure check via DBS.**