

Job Description Emotional Health Practitioner

Post Title: CYP Emotional Health Practitioner – full – time or part - time

Salary: £22,228 pro rata per annum

Reporting to: Project manager

Introduction:

We are looking for an experienced, committed and motivated person to join our team to work with young people to support them to improve their emotional health and build resilience by individual and group work (peer support and participation work) and support them to access the support they need.

We currently have a number of vacancies in different locations across Lancaster and Wyre Districts. The vacancies are in schools and in local community. There is the opportunity to work full time or part time or term time only.

Achieve Change and Engagement (A.C.E.) is a charity that works with people, especially young people to support them to improve their emotional health and wellbeing and build resilience. It does this by offering individual and sometimes group work interventions. Group work involves the young people in deciding the programme to support them to develop and improve emotional, interpersonal and intrapersonal skills, which help to build confidence and resilience. Individual work uses a variety of person-centred, solution focused, goal based methods, encouraging and supporting them to change and improve their emotional health. The charity also supports groups of people, especially young people to have their voice heard and influence health provision and education.

Job Purpose:

The post holder will work with young people to deliver person centred outcome focused evidence-based interventions for children and young people experiencing mild to moderate mental health difficulties to support them to improve their emotional health and build resilience. This will include individual and group work.

The post holder will engage young people in decision making about mental health services and education.

Main duties and responsibilities:

1.1. Assess and deliver, outcome focused, evidence-based interventions to children and young people experiencing mild to moderate emotional/mental health difficulties including individual and group face to face work and telephone and text out of hour's access.

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1.2. Working in partnership (where appropriate), support children, young people experiencing mild to moderate mental health difficulties and their families in the self-management of presenting difficulties.

1.3. Work in partnership with children, young people and families (where appropriate) in the development of the intervention and agreed outcomes

1.4. Support and empower children, young people and families (where appropriate) to make informed choices about the intervention.

1.5. Work in a participative manner to empower young people

1.6. Undertakes accurate assessment of risk to self and others and be responsible for the safety of the young person.

1.7. Through close case management and supervision, escalate cases where the level of need becomes beyond scope, or more severe to other services.

1.8. To be aware of and adhere to policies and procedures, especially safeguarding, health and safety, equality and diversity and data protection

1.9. Attend multi-disciplinary meetings relating to referrals or CYP in treatment, where appropriate.

1.10. Keep coherent records of all activity in line with service protocols and use these records and outcome data to inform decision making. Complete all requirements relating to data collection.

1.11. Complete and return monthly monitoring, complete and return quarterly reports.

1.12. Work in collaboration with children, young people and communities to enhance and widen access.

2. TRAINING AND SUPERVISION

2.1 Attend and fulfil all the required training and identified personal development training.

2.2 Attend supervision and clinical case supervision.

2.3 Attend team meetings.

Achieve, Change and Engagement is committed to equal opportunities.

This post is subject to an enhanced disclosure check via DBS.