



The A.C.E confidential telephone line and e-mail for any young person aged 11-25 in the Lancaster & Morecambe Districts & Fylde & Wyre is currently operating from 2pm – 6pm seven days a week.

If you're experiencing emotional distress and would like to talk or email with one of our emotional health workers.

Call : 0800 144 8461

e-mail: [contact@a-c-e.org.uk](mailto:contact@a-c-e.org.uk)



Registered Company Number: 7848785

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