

a.c.e. ● ● ●
Achieve Change & Engagement

News



ACHIEVE CHANGE AND ENGAGEMENT MISSION STATEMENT

***ACE works with
children, young people
and adults to support
them to build
emotional resilience,
putting their voices at
the heart of our work.***

A.C.E continues to be busy with referrals received from health professionals, school pastoral teams and self-referrals. We are currently working with almost three hundred young people in twenty three locations across Lancaster and Fylde and Wyre districts and we have many more young people waiting for our service. We are fortunate to have a wide geographical range of locations for our service which enables easy access for all young people.

We would like to thank the following for the kind and continued donation of space to A.C.E: Queensway Surgery, Poulton le Fylde; Queen Square Surgery, Lancaster; Rosebank Surgery, Lancaster; Morecambe Health Centre; Meadowside Surgery, Lancaster; Morecambe Foyer; The Children and Family Wellbeing Service at Morecambe Library; Garstang Medical Centre; Lancaster Girls Grammar School; Lancaster Royal Grammar School; Our ladies Catholic College; Ripley St Thomas Church of England Academy; Central Lancaster High School; Carnforth High School; Morecambe Bay Academy; Bay Leadership Academy; Fleetwood High School; Carr Hill High School; Millfield Science and Performing Arts College; Hodgson Academy; Lytham St Anne's Technology and Performing Arts College and St. Bede's Catholic High School.

Thank you to all of the organisations who sponsor our service, with the generous donors who together allow A.C.E to continue to support young people.

New Offices

After 2 years working from Cornerstones at Dalton Square, A.C.E is now operating out of a new premises at **18 Sun Street, Lancaster.**

This new space provides us with a larger office, waiting area and dedicated therapy room for both individual and group work.

Thank you to Cornerstones for being a home for us and our young people.



A.C.E are delighted to welcome two new volunteer emotional health practitioners, Rowan Cleet and Jaq Athorn.

Rowan specifically hopes to facilitate development of confidence & resilience in the individuals he will be working with.

Jaq said " I believe that offering a confidential, safe space for young people to express their thoughts and feelings can aid in building resilience, good self-esteem and self-respect."



LLOYDS BANK FOUNDATION
England & Wales

Galbraith Trust



The WO Street Transformation Fund

1

“I feel I can talk to others more about issues I might have and feel happier and less anxious about school and social situations. I learned how to understand what I was going through.” Young Person

2

“I could speak to or text the practitioner whenever I was worried or unsure about anything. She understood my worries and always managed to find time—nothing was too much trouble.” Parent

3

“I feel more able to talk to people and be open rather than thinking they won't care and as a result I'm less isolated. We worked on grounding techniques and how to cope in stressful situations.” Young Person



Kitty Brown Fashion Show

A.C.E together with Kitty Brown of Carnforth held a fashion show at the Royal Kings Arms in Lancaster on Thursday 14th November. The event was enjoyed by everyone who attended. The evening, which included a raffle, was a great success and raised a total of £499. Huge thanks to the Royal Kings Arms for providing a fabulous venue and Kitty Brown Boutique for the entertainment.

Thank you to:

Moore & Smalley Lancaster for their donation of over £800 following the charity quiz night held at the Royal Kings Arms Hotel.

Our Lady's Catholic College for their full school sponsored walk raising £3,200 for the charity.

Lancaster Girls Grammar School for the donation from their Virtual Cycle Ride. A big thank you to all the people took part and organised these events.

ACE Parent /Carer Support Group

We are looking to form a group for parents/carers of young people, either currently receiving A.C.E support or those waiting for an appointment with one of our practitioners. This group will be held during the evening in Lancaster and the focus of the group will be determined by the members.

If you are interested in taking part please contact the A.C.E office.

School Feedback

‘The support and advice that A.C.E gives our pupils is second to none. The Practitioner has successfully worked with a number of vulnerable and challenging students with a variety of backgrounds and circumstances. You have been truly amazing!’

New Staff Members

A.C.E would like to welcome two new members to the charity

**Sophie Dabbs &
Seanna Ormerwood**

Volunteer Training Program

Money from WO street transformation foundation is being put to use to run an accredited training course for A.C.E volunteers to become potential practitioners. The course has now started with 9 attendees, is running weekly. We would like to thank Lancashire Adult Learning for their involvement in this course.

Volunteers Needed

A.C.E provides an early intervention talking therapy service and we are always looking for volunteers to work with young people who require the support that we offer. If you think that you have the skills to help us to help these young people please contact Sally Temple on 07717 316883. As little as one afternoon a week can make such a difference. Fundraising volunteers are always welcome and can get in touch with us at confidential@a-c-e.org.uk Find out more about them on our website.



WORKING WITH 11-25 YEAR OLDS IN LANCASTER, MORECAMBE BAY, FYLDE AND WYRE TO
IMPROVE EMOTIONAL WELL BEING

www.a-c-e.org.uk

Tel: 07468600903

